



30.11.18

Lessness Heath Primary School Newsletter

Respect Belonging Co-operation Honesty Perseverance Responsibility

Headteacher

Mrs K O'Connor

Deputy Head

Mrs L Shields

Dear Parents and Carers,

Meet our newly appointed Wellbeing Ambassadors at Lessness Heath. This fabulous team of pupils from across the school community, will be empowering others with their values around Mental Health and Wellbeing and commit to:

- Learn to understand more about young people's mental health and how this can affect outcomes in life
- They promise to promote and demonstrate the meaning of wellbeing across the whole-school community
- To drive the message and build activities to release the stigma around talking about mental health

We wish these powerful pupils every happiness and success in their new roles.



A helpful resource for you

Kooth is available online at [Kooth.com](https://www.kooth.com)

Free, safe and anonymous online support for young people

Monday – Friday 12pm – 10pm

Saturday – Sunday 6pm – 10pm

Kooth is an online service that has been created by XenZone who is a provider of online mental health services for children, young people and adults. Kooth, from XenZone, is an online counselling and emotional well-being platform for children and young people, accessible through mobile, tablet and desktop and free at the point of use.

For more information about XenZone, please visit [XENZONE.COM](https://www.xenzone.com). If you're a parent looking for more information about Kooth, please email PARENTS@XENZONE.COM

Kate O'Connor

Head teacher

Parent Governor elections

Next week, there will be communication sent out regarding an up and coming election for a parent governor for our Governing body. It is important all parents make their views known and vote in the parent they think will be the best candidate to represent you on the Governing Body. All votes to be passed to the office.

Well-done Harris!

Harris ran the Mini-Mo run for the Movember Charity at Greenwich park with his brother Lennon and friend Zachary, which was 1.5km, while following in dad's footsteps as he ran the 10km Mo Run. Harris shot off leaving us all behind and really enjoyed himself! A great example of kindness and getting active!



Children in Need

Thank you to everyone's support last Friday in raising **£351.51** for Children in Need.



Book fair comes to Lessness Heath

The book fair will be coming to Lessness Heath on 12th December for a week just before we break up for Christmas. This is an ideal opportunity to get your child a book to put under the tree. As you all know, books are a great gift for Christmas. AND all the books are half price!



Our wonderful outdoor learning

Last Friday in Forest school was all about leaves and decorating the bare trees 'to make the trees happy!' The Year 1 children went on a scavenger hunt for autumn leaves found around the site then had a go at hapazome (leaf bashing with mallets) to extract the wonderful colours.

One groups took two long sticks to make a giant spiders web, which turned into a laser tag obstacle course through the 'Halloween Woods.' At the end of the session, this group led races through the obstacle course. So much fun and lots of laughter as hats and willies got tangled.

The Year 3's also enjoyed the scavenger hunt and the hapazome technique. One child worked on the zip wire he planned last week, and he worked on so many problems along the way and the sense of achievement when even the smallest of rides on the zip wire was amazing.

Music was made with sticks, pretend fires were created with lots of discussion about what fires needed to light and how to stay safe around the fires.



Mrs Hannaghan was invited to the House of Lords

We were honoured to be invited to the House of Lords on Monday 19th November by the National Children's Bureau. Mrs Hannaghan along with a pupil and parent delivered a powerful presentation to the politicians, whom were very impressed in our outcomes of supporting whole-school wellbeing and stated that Lessness Health are role models to other schools



Your views matter!

Next week, look out for a questionnaire coming out to you all. The questionnaire is a simple 10-question survey and completing the survey will give us some useful information to plan and look at things we can do to move the school forward. We are always looking for feedback and would value your time to complete the questionnaire.

Christmas Dates and reminders

December is quickly upon us and here are the important dates and reminders in the up and coming weeks:

LSFA Christmas Disco	Thursday 6 th December
Christmas Dinner	Tuesday 11 TH December
EY performance	Wednesday 12 th December 10am and 2pm
Christmas jumper day	Friday 14 th December
Year 1 and 2 Christmas performance	Monday 17 th December 9.30am and Tuesday 18 th December 2pm
Year 3 and 4 Christmas performances	Monday 17 th December 11am and Tuesday 18 th December 9.30am
Year 5 and 6 Christmas performances	Monday 17 th December 2pm and Tuesday 18 th December 11am
End of term	Wednesday 19 th December 2pm finish
Back to school	Thursday 3 rd January 2019

Uniform exchange

Our very first Uniform Exchange was successful on Monday and many parents benefited from items our amazing families had washed and ironed.

We will continue to set up a regular Uniform Exchange early next year and we welcome any unwanted uniform so we can put it in our uniform exchange programme.



Online safety

Many of your children might play the popular game Fortnite. Here is a very important link to a 'What Parents need to know Guide' about this game as there are some dangers we all need to be aware of. Please read carefully if your child is a regular user of this online game.

<https://nationalonlinesafety.com/fornite-battle-royale-parents-guide/>

Weekly attendance

Our whole school attendance this week was 94.6%. Each week we aim for an overall school attendance of 96%.

Congratulations to Cygnet in EYFS, Pelican in KS1, and Dove and Swallow in KS2 for getting the highest attendance this week.



Registration Group	Percentage Attendance
Miss Ransom Duckling 1	88.3
Miss Ransom Duckling 2	83.5
Miss Gardner	94.0
Miss Bennett	93.6
Miss Jayne	91.7
Mrs Mensah	94.1
Mrs Jones	86.8
Mr Skinner	92.7
Miss Steele	95.3
Mr Chalkley	95.5
Miss Vankirk	91.4
Mrs Brown/Miss Begum	95.0
Miss Smith	95.2
Miss Bell	97.5
Mr James	97.8
Miss Thorpe	97.9
Miss Harmer	92.4
Miss Peters	96.9

Miss Watt	97.9
Mrs Leach	96.7
Miss Bolton/Miss Matthias	96.7
Miss Long	95.0
Mr Jackson	97.0