



Lessness Heath Primary School

Newsletter

9.2.18

Respect Belonging Co-operation Honesty Perseverance Responsibility

Headteacher

Mrs K O'Connor

Deputy Head

Mrs L Shields

Dear Parents and Carers,

We had an extremely important workshop delivered in school by Mrs Harding this week on the theme of keeping safe on the internet. Keeping children safe on the internet is increasingly becoming more and more of a worry for parents as often they don't understand what their children are accessing. At school we have promoted awareness of being different and how we should value differences and respect each other by not sharing messages, pictures, etc online without the permission of the person

Here are some of the key messages from the presentation delivered this week and to get more information you will find the whole presentation on the school website.

- We need to monitor our children. (Roblox)
- We need to check the website to ensure it is safe.
- We need to check what apps or games our children are downloading.
- We need to give them strategies to deal with inappropriate pop-ups, websites etc.

Online content – Advice

- Discuss online experiences
- Critical thinking is key
- How does what they see impact on how they feel?

Online conduct – Advice

- Think before you post
- How do their photos affect others?
- Build an online reputation
- Use privacy settings on social media

What can you do now as a parent?

- Open dialogue with your child
- Family agreement
- Consider filtering and blocking software
- Think before you/they post
- Understand the laws
- Privacy settings and reporting
- Save the evidence and report the incident
- Know where to get help
- Watch SID TV clips

As parents we need to have strategies in place to know if our children were to see something inappropriate online and how we as parents would deal with this. CEOP (Child Exploitation and Online Protection Command) should also be informed if they are concerned about how their child is being contacted.

<https://www.ceop.police.uk/safety-centre/>

Kate O'Connor
Head Teacher

Spanish Day

Spanish Day is fast approaching on Monday 19th February, the first day back after half term. The theme for this year will be 'Spanish around the world' with EYFS celebrating 'Carnival Day' and Years 1 to 6 representing and exploring one of the 21 countries worldwide that speaks Spanish through geographical, cultural and shared learning activities throughout the day. Children in KS1 will have an introduction to Spanish lesson to give them a taste of what learning a foreign language is like.

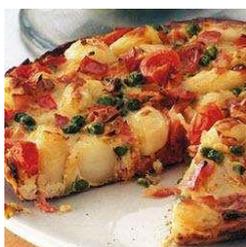
All children are encouraged to carry out some optional research on their class country over half term and bring in findings on Monday 19th to be used to support learning on the day.

We are also very lucky to have our kitchen staff supplying some Spanish dishes from a taster menu that all children including packed lunches can taste at lunchtime. The tasters will be:

Pan con tomate (Spanish toast with tomato)

Tortilla de patatas (Spanish omelette)

Crema Catalana (Spanish custard dessert)



Nursery Admissions

Nursery Admissions have opened for children who were born between 1st September 2014 and 31st August 2015. The closing date is April 6th 2018.

Here is the website you need to apply online: <https://www.bexley.gov.uk/services/children-families-and-education/education-and-services-children/school-admissions/nursery-classes>

Lessness Heath are having two open sessions to allow parents and carers to visit our nursery and talk with the nursery staff before they apply to our school.

We will welcome families to look around the Nursery on February 20th at 10.00am and March 2nd at 10.00.

**Lessness Heath
Primary School**
Erith Road, Belvedere, DA17 6HB

perseverance to-operation responsibility
belonging honesty

Nursery Open Days
Tuesday 20th February - 10am
&
Friday 2nd March - 10am

If your child turns 3 before the 31st August they are entitled to a FREE nursery place. Come, have a look, and see what we can offer your child.

Please call the school office on 01322 433 290 or Email admin@lessnessheath.bexley.sch.uk to book your viewing.

Football match – Tuesday 29th January

The children of Lessness Heath played a league football match last week against Barnehurst. Both teams gave their all and walked away with a point each. From being in the lead twice throughout the game Barnehurst managed to come back to secure a draw.

“ I was so pleased with how the boys performed, they showed our values and worked so hard. We are currently second in the league with two games left – keep it up!”

Car Park Complaint from the local community

A reminder to all parents and carers who drive their children to and from school that they must park in safe and legal places when bringing their children to and from school. We had a phone call from Cairngall Medical Practice who have reported that some of our parents are regularly parking in their private car park to drop off or pick up their children. There has been an incident recently where a parent with children in Lessness uniform has been rude to a patient and her husband over a parking space. The medical practise is concerned that patients are missing appointments and disabled and elderly patients are unable to park close to the surgery.

Junior Cadets



**RY - Bexley Borough
RY - Bexleyheath Police Station**

Bexleyheath Police Station
2 Arnsberg Way
Bexleyheath
DA7 4QS

Email:
bexley.cadets@met.pnn.police.uk
www.met.police.uk

15th January 2018

Dear Parents/Guardians/Caregivers,

Bexley Volunteer Police Cadets are pleased to announce an exciting opportunity for your young person aged 10 to 12 to join our "Volunteer Junior Cadet Programme."

The Volunteer Junior Cadet programme is designed to teach young people life skills and social responsibility in a secure setting where they get to meet other children and to help build positive relationships with the Police and their community.

The programme is designed to provide a safe environment to enable young people as they transition from primary to secondary school. Key aspects of the programme include; developing self-confidence, personal responsibility and safety alongside team building activities and basic Policing skills. This Junior Cadet programme is also a great entry into the Senior Cadet programme, starting at 13 years of age right up to age 18.

Police cadets have become an integral part of the Metropolitan Police family and Bexley Police would like to build upon the success of the Senior Cadet unit.

If you have a young person aged 10 to 12 looking for a fun and exciting after school activity, who may be interested in joining the Junior Cadets please e-mail Bexley.Cadets@met.police.uk for an application form and further information.

You will then be updated with a date and location depending on the interest. It is suspected that this will initially run at a location at the centre of Bexleyheath on a Thursday evening from 1730hrs to 1830hrs at a cost of £5 a month with a view of expanding to other dates and locations across the borough.

The programme will be led by your cadet Co-Ordinator and your local school Police Officers all of whom are all fully qualified and experienced.

Yours sincerely,

PC Brader 330RY

Primary First Pledge

SAVE THE DATE: WEDNESDAY 18TH APRIL 2018

Have you ever thought about the experiences children should have before they leave primary school? Maybe you think all children should feel sand in their feet? Or possibly learn to swim? Build a campfire and toast marshmallows? Or even catch a fish with a net?

In all our schools in the Primary First Trust we want to look at all the amazing experiences children should and could have outside of their day to day school life. We feel it is really important that children are rounded individuals and have many fun experiences before they go onto further education.

We are inviting all stakeholders from all of our schools to the Launch Event on 18th April which will give you the opportunity to share your ideas and have your say on what experiences should be on the Passport.

More details will follow nearer the time but get thinking and please save the date!

Speed stacking at Mayplace!

On Thursday 8th February 2018 children from year 1-5 brushed up on their coordination and teamwork skills and attended the PFT Speed stacking tournament which was held at Mayplace. The children made lots of new friends and there were smiles all around. The next event will be announced shortly!



Parent voice

Thank you for the continued feedback from parents with suggestions of how we can refine and improve our outcomes for our children at Lessness.

In response to a suggestion placed in the suggestion box this term we have changed our homework policy for the Year 6 children. It has been suggested that even though the homework policy enables children to access home learning in a fun and creative way, it doesn't support children to be prepared for the homework expectations at secondary school. Therefore, we have begun to give our Year 6 children extra homework which will support the homework expectation at Secondary school and get them used to prioritising time and getting it done!

Please can we remind all parents that our suggestion box is in the foyer and we welcome any parent to use the suggestion slips.

Next week is half term and we will not be in school. All children return to school on Monday 19th February at the normal time.

February 2017

What a great start to 2018 it has been, we are continuing with our drive to embed positive emotional wellbeing. Our journey started with all the pupils and staff engaging in our 2 full days designated to wellbeing, the feedback was very positive, creating an impact of rested, happy and engaged pupils and staff. Lessness Heath will continue to protect and teach positive wellbeing and mental health, throughout our school environment.

Things to do this half term

Crepes and Crafts

Location: Learning and Enterprise College Bexley, 5 Brampton Road, Bexleyheath DA7 4EZ

Description: Kids and adults can enjoy making and crafting something to take home with them.

Cook your own pancake with your kids help! It is Shrove Tuesday after all!

Plus you can take part in making a large patchwork piece of art that will donated to a local children's charity.

Please note that cooking resources are limited to a first come first served basis.

No need to book, just drop in!

Time: 10am to 1pm

Admission: Free

Email: Andrea.Cornwell@bexley.gov.uk

Event Date

13 February 2018 10:00–13:00

Crazy about Cows

Location: The Woodlands Farm Trust, 331 Shooters Hill, Welling DA16 3RP.

Description: Roses are red, violets are blue, come along today to make a chocolate cow poo! Come and do our cow trail round the farm and make a valentine's treat of a chocolate cow poo to take home, yummy! £2.50 per. No need to book, just drop in.

Times: 1pm to 3pm

Admission: £2.50 per child

Tel: 020 8319 8900

Email: admin@thewoodlandsfarmtrust.org

Website: The Woodlands Farm Trust

Event Date



FAMILY MATTERS

What's covered in the workshops?

Family Matter concentrates on 4 focus area of emotional wellbeing and will provide you with the skillsets and tools to live to life's full potential.

- ▶ Health and Wellbeing
- ▶ Positive relationships
- ▶ Healing Trauma
- ▶ Powerful Parenting

A programme where you will:

- Gain powerful parenting strategies to enhance family life
- Understand the relationships you have with yourself and others around you
- Connect with traumatic events that have affected your life
- To build on resilience and coping strategies within a safe space

14 February 2018 13:00–15:00

Winter Farm Explorers

Location: The Woodlands Farm Trust, 331 Shooters Hill, Welling DA16 3RP.

Description: Drop in for our farm explorer's day. Throughout the year we will be running farm explorers sessions for each season so you can find out about the farm and wildlife throughout the year. You will get your farm passport to collect stamps for each farm explorer's session you attend. Collect as many as you can throughout the year to get a certificate and prize! This farm explorer's session will be about winter at the farm. Find out what happens at the farm in winter as well as learn about animals tracks and trails, make a bird feeder and have a go at our winter scavenger hunt. £4 per child. No need to book, just drop in

Times: 11am to 3pm

Admission: £4 per child

Tel: 020 8319 8900

Email: admin@thewoodlandsfarmtrust.org

Website: The Woodlands Farm Trust

Event Date

15 February 2018 11:00–15:00



The poster features a green border and a central photograph of a child flying a kite in a grassy field. Text on the poster includes the event title, date, time, cost, and contact information. Logos for Lesnes Learn, Lesnes Abbey Woods, and the London Borough of Bexley are also present.

Lesnes Learn *Kite Making Day At Lesnes Abbey* **Lesnes Abbey Woods**

Half Term, Tuesday the 13th of February: Lesnes Abbey Lodge.
Two sessions: 10:30am-12noon and 1pm until 2:30
£5 per kite

This half term learn how to make a kite!
We are having a Kite making day at Lesnes Abbey! Come to the lodge and learn how to make a kite, with a variety of materials.
We will then be flying them in the park, weather permitting...

For further information please phone: 0203 045 3692 . For more info email: parks&openspaces@bexley.gov.uk

LOTTERY FUNDED **LONDON BOROUGH OF BEXLEY**

Signpost Services for mental health

Bexley Voice Parent Forum
07512 409936 | bexleyvoice@hotmail.co.uk

Bexley Local Offer

020 3045 5677 localoffer@bexley.gov.uk

Targeted Youth Services - 020 8303 7777

IMAGO – Young carers service - 0300 111 1110

Bexley Moorings – befriending - 020 8304 9609

CAMHS (child and adolescent mental health service) – 0203 260 5200

Mind in Bexley - 020 8303 5816

Weekly attendance

Our whole school attendance this week was 92.9%. Each week we aim for an overall school attendance of 96%.

Congratulations to Owlet in EYFS, Parrot in KS1, and Woodpecker in KS2 for getting the highest attendance this week.

Registration Group	Percentage Attendance
Miss Clarke Duckling 1	80.0
Miss Clarke Duckling 2	77.4
Miss Ransom	88.3
Miss Folan	96.8
Miss Bennett	91.2
Mrs Nkwo	94.1
Mrs Jones	97.2
Mrs Mensah	89.3
Miss Thorpe	95.5
Mrs Vankirk	97.9
Mrs Cross/Mrs Claire Clifford	99.0
Miss Bulbul/Miss Gawley	86.4
Miss Egan	100
Miss Jayne	97.5
Mr Jackson	82.4
Mr Liddiard	97.9
Miss Harmer	92.7
Mr Martin-Pitt	97.6
Miss Watt	85.9
Mrs Leach	93.8
Miss Steele	93.1
Mrs Handley	92.1
Miss Long	93.4